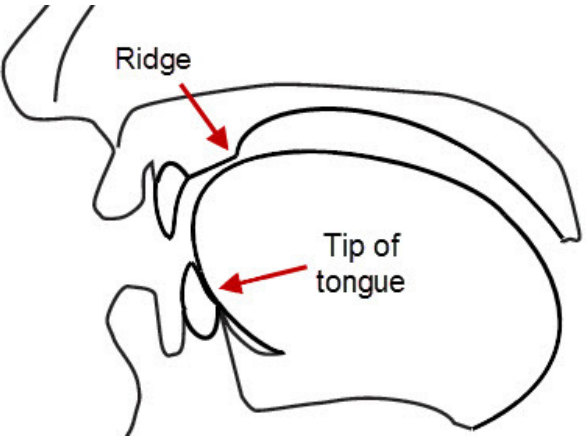
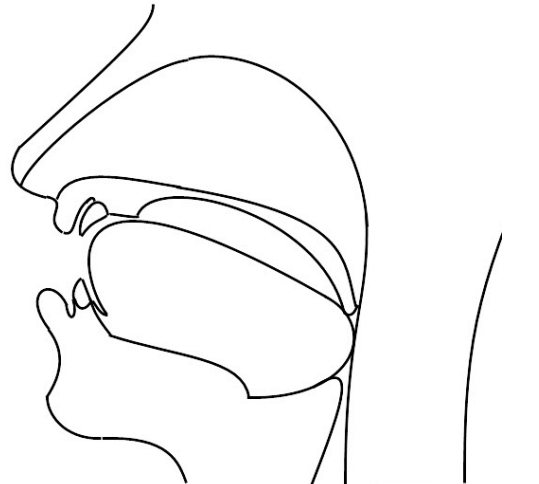
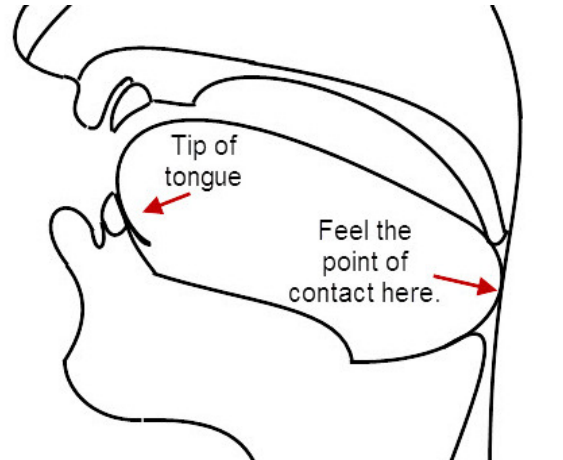
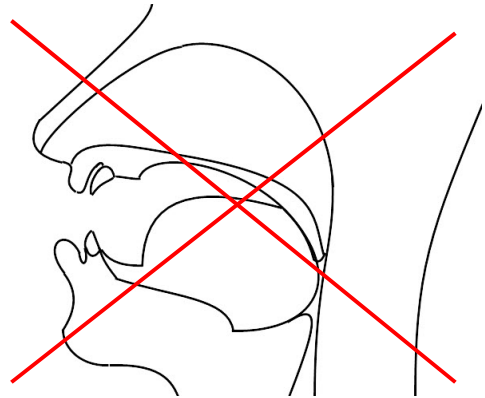
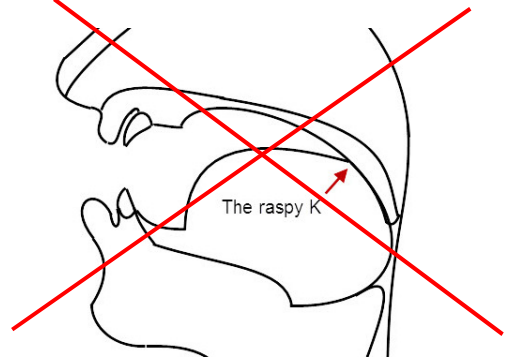
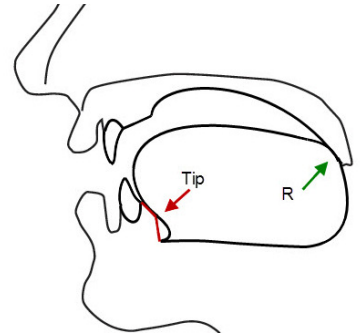


<p>1. Touch the tip of your tongue to the inside of your lower teeth, then roll the rest of your tongue forward, so that the middle of your tongue almost touches the ridge you see here.</p>  <p>Ridge</p> <p>Tip of tongue</p>	<p>2. Now tilt your head back while still pushing forward with your tongue. (Important : don't let your tongue fall back.)</p> 	<p>3. Now, to feel how far back the contact has to be made for the French R, make a gulping sound and feel where the very back of your tongue touches the back of your throat.</p>  <p>Tip of tongue</p> <p>Feel the point of contact here.</p>
<p>Don't make the mistake of letting your tongue fall back when you do this exercise...</p> 	<p>...because you won't be able to make the contact as far back in your throat. Your gulping sound will sound like a raspy 'K' – not good !</p>  <p>The raspy K</p>	<p>For times when the raspy K is appropriate or for difficult Rs, in order to avoid the English R, touch your tongue tip to that ridge <u>below</u> your bottom teeth.</p>  <p>Tip</p> <p>R</p>